

## simple Togetherness

Every which way | 4 carrying positions For carrying babies between 3.2kg and 16 kg (7lb and 35lb) Instruction Manual for KahuBaby Carrier



IMPORTANT! KEEP FOR FUTURE REFERENCE! READ ALL INSTRUCTIONS BEFORE USING YOUR CARRIER.

## your Kahu Baby Carrier

We've designed the soft and supportive KahuBaby Carrier so that it's simple for you to carry your baby safely and ergonomically. More comfortable for you, more comfortable for your child.

### Please read all instructions before using your KahuBaby Carrier.

Your KahuBaby Carrier is safety rated to carry your child from birth to toddler (3.2kg-16kg, or 7lb to 35lb). Follow the instructions for adapting the width and height of the carrier to give the right fit for your child.

For more support: visit:

www.kahubaby.com

#### WARNINGS

Constantly monitor your child and ensure the mouth and nose are unobstructed.

For pre-term, low birthweight babies and children with medical conditions, seek medical advice from a professional before using this product.

Ensure your child's chin is not resting on its chest as its breathing may be restricted, which could lead to suffocation.

To prevent hazards from falling, ensure that your child is securely positioned in the sling.

#### For safe carrying: **Remember SAS**







*Spine:* supported

**Airways:** clear

*Straps:* fastened and tightened for a secure fit

Each time you put your baby into your KahuBaby Carrier, go through the 3-step SAS to check for safety.

Learn how to use your KahuBaby carrier safely.

## Safe use of your Kahu Baby Carrier

- Regularly check your KahuBaby Carrier for wear and tear, or signs of damage.
- Your KahuBaby Carrier is suitable for walking. It is not suitable for sporting activities (for example running, climbing, swimming, cycling or skiing).
- Your movement and the child's movement may affect your balance.
- Be aware of the increased risk of your child falling out of the sling as he/she becomes more active.
- Take care when bending or leaning forwards or sideways.
- Avoid heat sources, or exposure to chemicals. Be aware of hazards like hot drinks in your home..
- Keep your KahuBaby Carrier away from children when not in use.
- Only use your KahuBaby Carrier for one child per carrier.

## your Kahu Baby Carrier pieces and parts



#### Safety testing and Warranty

- Your KahuBaby carrier is safety tested in accordance with TR 16512:2015
- Your KahuBaby Carrier has a 12 month warranty against manufacturing defects.
- Product registration: Register your KahuBaby Carrier online at www.kahubaby.com

# Adjusting vour Kahu Baby Carrier





Picture shows fabric at base of carrier supporting from knee, across bottom and to the other knee.



Picture credit: International Hip Dysplasia Institute

We've designed your KahuBaby carrier so that it fits newborn babies (7lb or 3.2kg) up to toddlers (35lb or 16kg). Your KahuBaby fits most adults too. Simple adjustments to the width and height of the carrier give a perfect fit for your child. Quick fastenings at the shoulder and waist mean a perfect fit for you every time too. Adjust the carrier width (bottom or top) BEFORE putting the carrier on or your baby into it.

### How do I adjust the seat width to fit my baby?

Adjusting the width of your KahuBaby carrier ito fit your baby s simple, with KahuBaby's unique webbing tightener at the base of the main panel of your KahuBaby Carrier. Always adjust the width BEFORE putting your KahuBaby Carrier on. KahuBaby's unique cinching adjustor will stop at the narrowest setting, enabling you to carry your newborn baby on your front (facing in to you). This same narrow setting enables you to carry your older baby on your front and facing away from you.

Keep the width narrow for young babies, and wider for older babies and toddlers. Newborn babies will need the width to be at its narrowest setting. Gradually widen the panel as your baby grows! The width should fit your baby so that it forms a seat that is "knee to knee".

You can also fold or roll the hood to form a small support behind baby's neck. Clip it into place with the hood clips.

# Adjusting vour Kahu Baby Carrier

### How do I adjust the height of the carrier?

To adjust the height of your KahuBaby Carrier, simply change the amount of fabric that is between you and baby. For younger babies, needing a shorter panel, you'll position the waistband higher on your torso. This creates more fabric between you and your baby. For older babies and toddlers, you'll position the carrier lower on your torso and have less fabric between you and your child.

#### How do I adjust shoulder straps?

Use the buckles to fasten the shoulder straps to each side of the main KahuBaby panel. You can tighten the shoulder straps in two directions, to the front and to the back, by moving the webbing through the buckles.

#### How do I adjust the waist size?

Make the waist of your KahuBaby Carrier smaller or larger by adjusting the webbing through the buckles on the waistband.

### How do I provide more head support for a young baby?

If your baby is under 4 months old, you may feel that his/her head needs more support. You can adjust the width at the top of the carrier for younger babies. Do this BEFORE putting the carrier on.

Use the upper adjustor to make the top of the carrier snug. Gently tighten it so that it gives your baby more neck support. Do not over tighten.



## Front carry with Kahu Baby



#### Before you start:

Unclip and loosen all straps

Adjust the base of your carrier with the unique lower cinching strap, so that the width of the carrier suits the size of your baby. Check that the width is only just as wide as it needs to be, to support your baby from one kneepit, across baby's bottom and to the other kneepit.

If your baby is under 5 months, you'll need to make the base of the carrier narrower. Simply adjust the width with the base adjustor. Adjust to smallest setting for a newborn baby, and widen it as your baby grows bigger.





#### Putting your carrier on

With the carrier hanging down like an apron, put waistband around your waist. Fasten the waist belt buckle behind your back. Tighten securely, so that the waistband is snug around your body.



#### Put your baby in your KahuBaby Carrier

Place baby centrally on your chest, facing into you. Check that baby's legs are either side of the fabric at the base of your carrier.

Position your child's bottom deeply into the carrier. With one hand supporting your baby, use your other hand to guide the fabric up baby's back. Check that your baby is positioned in the middle of the carrier.





#### Fasten shoulder straps:

Place one strap over your shoulder, pull it straight down and bring it across your back to the opposite side. Fasten the clip, under this opposite arm. Tighten the strap.

Repeat for the second strap. Make sure that the fit is snug and secure.

Tighten both webbing straps through the buckles. Pull the longest webbing backwards to tighten, and make fine adjustments with the front webbing.



You're ready to do your safety checks!



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**Straps:** fastened and tightened for a secure fit



For babies 3 months and under, check that your baby's spine is well supported and is in this position in your KahuBaby carrier.

Picture credit: Baby-Doo USA 2015



#### Extra head support for babies under 4 months

If more head support is needed for your baby, you can use the upper webbing adjustor to bring the width of the neck area in. Adjust the webbing BEFORE putting the carrier onto your body.

#### Safely take your baby out of your KahuBaby carrier

Follow our steps in reverse, from 4 to 2. Ensure that you securely hold your baby with one hand at all times.

### Front facing out carry

This carry is suitable for babies 5 + months, for up to 30 minutes at a time. Baby must be awake to carry in a front facing outwards position.

#### • Before you start:

Check that baby is awake. Sleeping babies must always face into the adult to protect their airways

Unclip and loosen all straps

Narrow the base of carrier with KahuBaby's unique lower cinching strap, so that the width of the carrier only supports your baby's pelvis. It should be on a narrow setting.

#### Putting your carrier on

Follow step 2 for a front carry (page 6).

#### Put your baby in your KahuBaby Carrier

Place baby centrally on your chest, facing away from you. Check that baby's legs are either side of the fabric at the base of your carrier.

With one hand supporting your baby, use your other hand to guide the fabric up baby's front.

Check that your baby is positioned in the middle of the carrier.





#### Fasten shoulder straps:

Place one strap over your shoulder, pull it straight down and bring it across your back to the opposite side. Fasten the clip, under this opposite arm. Tighten the strap.

Repeat for the second strap. Make sure that the fit is snug and secure.

Tighten both webbing straps through the buckles. Pull the longest webbing backwards to tighten, and make fine adjustments with the front webbing.



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You're ready to do your safety checks!





Airways: clear



fastened and tightened for a secure fit



#### Safely take your baby out of your KahuBaby carrier

Follow our steps in reverse, from 4 to 2. Ensure that you securely hold your baby with one hand at all times.

### Shoulder straps rucksack style for front carries



#### Before you start:

Fasten each shoulder strap into the clip on the same side of the carrier - like a rucksack.

Check that the straps are loose.

Adjust width of base according to your child's size and whether he/she will be front facing in, or front facing away from you.



#### Putting your carrier on

Buckle the two ends of the chest strap together.

With the carrier hanging down like an apron, put waistband around your waist. Fasten the waist belt buckle behind your back. Tighten securely, so that the waistband is snug around your torso.



#### Put your baby in your KahuBaby Carrier

Follow step 3 of the relevant front carry.

With your free hand, lift both shoulders straps and sternum strap over your head. Put free arm through its strap, swap hands, and put your other arm through. Tighten each strap so that your baby is held securely against you.







#### Safely take your baby out of your KahuBaby carrier

Reverse all our steps. Keep one hand on your baby to keep your baby secure at all times.

# Hip carry with Kahu Baby

For babies 4 + months, who have head control to hold their head up unassisted. Our instructions are for a left hip carry. Swap around rights and lefts if you're more comfortable carrying your child on your right hip.



#### Before you start:

Unclip and loosen all straps

Adjust base of carrier with KahuBaby's unique lower cinching strap, so that the width of the carrier suits thet size of your baby, as in step 1 for a front carru.



#### Putting your carrier on

With the carrier hanging down like an apron, put waistband around your waist. Fasten the waist belt buckle behind your back. Tighten securely, so that the waistband is snug around your body.

Move the carrier around so that the panel hangs down over your left hip

#### 03 Put your baby in your KahuBaby Carrier

Pick up baby and hold them on your hip facing inwards with one leg either side of the carrier.

Position your child's bottom as deeply as possible in the carrier. Supporting baby with one hand, use your free hand to guide the carrier fabric up baby's back.



#### Fasten shoulder straps



Take the right-hand strap over your right shoulder, pull strap down and across your back.



Clip in under left arm.





Take the second strap, on your left side, under your left arm and across your back. Clip into the buckle under your right arm. Tighten straps. Check that the fit is secure and snug.

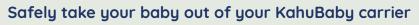












Follow our steps in reverse, from 4 to 2. Ensure that you securely hold your baby with one hand at all times.





Back carry with Kahu Baby

Suitable for babies who can sit unassisted, normally 6 months +



#### Before you start:

Fasten each shoulder strap into the clip on the same side of the carrier - like a rucksack.

Use our unique cinching adjustors to set width of the carrier at the base and top to the widest settings.

Practice over a bed or sofa, or with someone else, until you feel confident back carrying on your own.



#### Putting your carrier on

With the carrier hanging down like an apron, put waistband around your waist. Fasten the waist belt buckle behind your back. Tighten securely, so that the waistband is snug around your body.



#### Put your baby in your KahuBaby Carrier

Place baby centrally on your chest, facing into you. Check that baby's legs are either side of the fabric at the base of your carrier. With one hand supporting your baby, use your other hand to guide the fabric up baby's back.



#### Move your baby in the carrier, around to your back

Hold both straps firmly together, close to baby's face.

You're going to shuffle your baby around your hips, to your back.

Slowly slide the carrier to your back, holding both shoulder straps firmly with your right hand. Use your free left hand to help slide your baby to your left hip.

Securely hold your baby at all times.

Put your left arm over the nearest strap and through the second strap. Grab both straps with left hand.

Holding the straps firmly in your left hand, use your free hand to guide your waist band slowly around your body, until your child and your carrier are centered on your back.











#### Securing your back carry



Put your right (free) arm through the second strap.



Tighten the straps until your baby is held securely, and you're both comfortable.



Fasten the chest clip at the front.

#### •5 You're ready to do your safety checks!







*Straps:* fastened and tightened for a secure fit

#### Safely remove your baby from your KahuBaby carrier

Unclip the chest strap. Hold baby securely with one hand at all times.

Take your right arm out of the right shoulders strap, and hold the right strap with your right hand.

Pass the right strap to your left hand, and grab both straps at shoulder height with your left hand. You're going to move your baby to your left hip.

Shuffle your baby from the centre of your back, around to your left hip. Bring your baby to your front.

Hold baby securely in one arm, and unclip the waist buckle.

# simple Togetherness - our top tips

#### Comfortable carrying with KahuBaby

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When you position your child well in your KahuBaby Carrier, you'll find it comfortable to carry him/her for short or long periods of time.

### Tilt baby's pelvis 3

Gently tilt your child's pelvis in towards you, tucking their tailbone under. This creates a gentle, natural curve in your baby's spine, helping to support their neck and head. It enables your baby's head to rest in onto your chest (or back, in the back carry position).

#### Baby held 2 snugly into you

As well as the 3 safety checks, make sure that your baby's weight is held snug into you (on your front, hip, or back). This puts your baby's centre of gravity close to your centre of gravity, and lessens any pulling on your shoulders or neck.

#### Head support

Your KahuBaby Carrier has a spacious hood that you can use for additional head support for very young babies in a front carry. Or it works as head support for carrying a sleeping child on your front and back, or as shelter from sun, wind or rain.

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### KahuBaby's adjustor

KahuBaby's upper adjustor on the main panel is designed so that you can narrow the top of the carrier for babies under 4 months. This provides additional head support. Do not over-tighten.

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## safe carrying - always

#### SAS for safe carrying



Spine: supported Support baby's spine to prevent him/her from slumping. Support baby head in line with spine, and use the hood and top width adjustor to give more head support if needed.



clear

Airways should be free of loose fabric. Keep chin off chest so that airways aren't restricted. Adjust baby's position and re-tighten carrier if necessary.



for a secure fit

**Straps:** fastened and tightened

Straps must be checked and buckles fastened in correctly. Straps should be adjusted to ensure that baby is held securely against you.

## Care for your Kahu Baby Carrier

Follow our washing instructions to prolong the life of your KahuBaby Carrier, and for safe use.

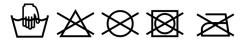
#### Washing instructions:

Fasten buckles. Machine washable at 30°C. Do not bleach. Do not tumble dry. Do not dry clean. Do not iron.



#### Herdwick Tweed washing instructions:

Fasten buckles. HAND WASH only. Do not spin. Do not bleach. Do not tumble dry. Do not dry clean. Do not iron





### www.kahubaby.com

# KahuBaby Carrier. Tested in accordance with CEN/TR 16512:2015

### Designed in the UK, made in Czech Republic. Patent pending

♥ Koala Slings Limited. 20 Collin Road, Kendal LA9 5HN